***Whippany Fire Company 5k Race/walk/1 mile Fun Run***

***Sunday September 11, 2022 at Bee Meadow Park***

Race is Sanctioned by USATF and Grand Prix 500pts

USATF CERTIFIED COURSE ON TOWNSHIP ROADS FLAT, HILL, AND INCLINE.

Race Time 8:30am Awards 9:45am

ENTRY FEES: $30.00 if pre-registered by Aug 21st $35.00 after and day of the race. Students 19 and under and USATF-NJ $25.00 if pre-registered by Aug 21st, $30.00 after up to Aug 28 and $35.00 day of the race. Active Military (with proof) $25.00. 1-mile fun run $20.00. Corporate rate for 20 participants or more $25.00 by Aug 21st $35.00 after and day of the race. All fees non-refundable non-transferrable.

AWARDS: Top three M/F 19 and under, 5 -year age groups 20 thru 85+. Top M/F over all

Top 3 Firefighters running in turn out gear (SCBA optional)

AMENITIES: Custom designed T-shirts guaranteed (adult sizes only) to pre-registrants; post registrants while supplies last. Bag check area.

TIMING BY: Compuscore using Chronotrack BTag Timing

ON LINE REGISTRATION <http://wfd5k.com> by Aug 28th

For more info contact Dale Cowley at [5krun@whippanyfire.com](mailto:5krun@whippanyfire.com) or 973-332-2630

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2022 Registration Form (all fields required)

First Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Last Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 5K \_\_\_Fun Run \_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_\_\_\_\_\_\_

Gender Male Female DOB \_\_\_\_\_\_\_\_\_\_\_\_ Age on race day \_\_\_\_\_\_\_\_ 2022 USATF\_NJ# \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Firefighter Running in gear YES, NO Name of Department \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Company Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Shirt size S M L XL XXL

*I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with the running of this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release the Whippany Fire Company, all race volunteers and all sponsors, their representatives, employees and successor from any claims and liabilities of any kind arising from my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purpose*.

Signature (if under 18 parent/guardian) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please make all checks payable to: Whippany Fire Company. Mail application and payment to: Whippany Fire Company, 10 Troy Hills Road, Whippany, NJ, 07981 Attention 5K Race